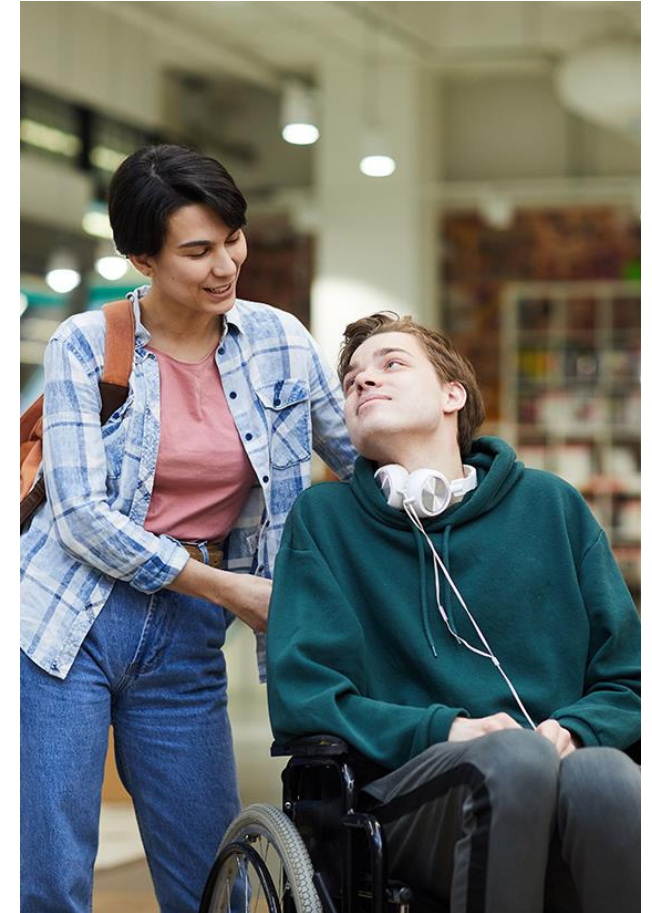


Learning Disabilities Day Opportunities Recovery Model

Cabinet – 24 September 2020

Sarah Dillon, Director, Adult Social Care



Pre- Covid

- Wide ranging engagement to shape the future of care for adults with learning disabilities and their families was underway.
- Engagement outcomes would then inform the TWC Learning Disability Strategy.
- Followed by a formal consultation on LD Strategy over the Summer and the final strategy presented to Cabinet in Autumn 2020.



We want adults with learning disabilities to:

-  Live happy, healthy, safe and independent lives with appropriate support to reach their full potential.
-  Be respected and have choice and control over decisions which affect all aspects of their lives, with responsive advice and support where necessary.
-  Live their lives as active participants within their local communities maintaining social and family relationships and networks which are important to them, including employment opportunities.

-  — Have access to general and specialist services that are responsive to their individual needs, circumstances and preferences.
-  —
-  —

During Covid Lockdown

- All day services suspended operating in line with social distancing rules in March 2020
- Regular contact with individuals, carers and families remotely and direct care for those in most need
- Regular Multi-agency meetings with partners to manage risks and issues
- People who normally access the service, their parents/carers, and staff had to adapt to a new day to day routine.
- Staff and individuals adapted their approach e.g. on-line support, activities, meetings, distribution of activity packs



My Options Day Activity Services Recovery Offer

Virtual Group Activities

Examples:

Getting started with technology

Looking after Myself

Keeping Healthy and Well

Getting Active

Stepping into work Getting a Job / volunteering / developing micro enterprises

Connecting with Friends, my local community and support networks

Independent Living Skills

Looking after My Home

Food and Nutrition

Staying Safe



Community Support (individual or small group)

Developing Skills , Independence, Community Participation

In the home

In the Workplace

Support to access virtual and community opportunities (direct support and independently)

Promoting peer and local support networks

In the Community

Linking people, family carers, Communities

Supporting people with highest level needs

Building Based activities – Limited places in line with Government Guidance.

Specialist 121/ 2:1 home/ community based support

Therapeutic activities

Physiotherapy

Creative activities

Sensory

Postural management

PBS

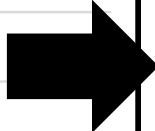
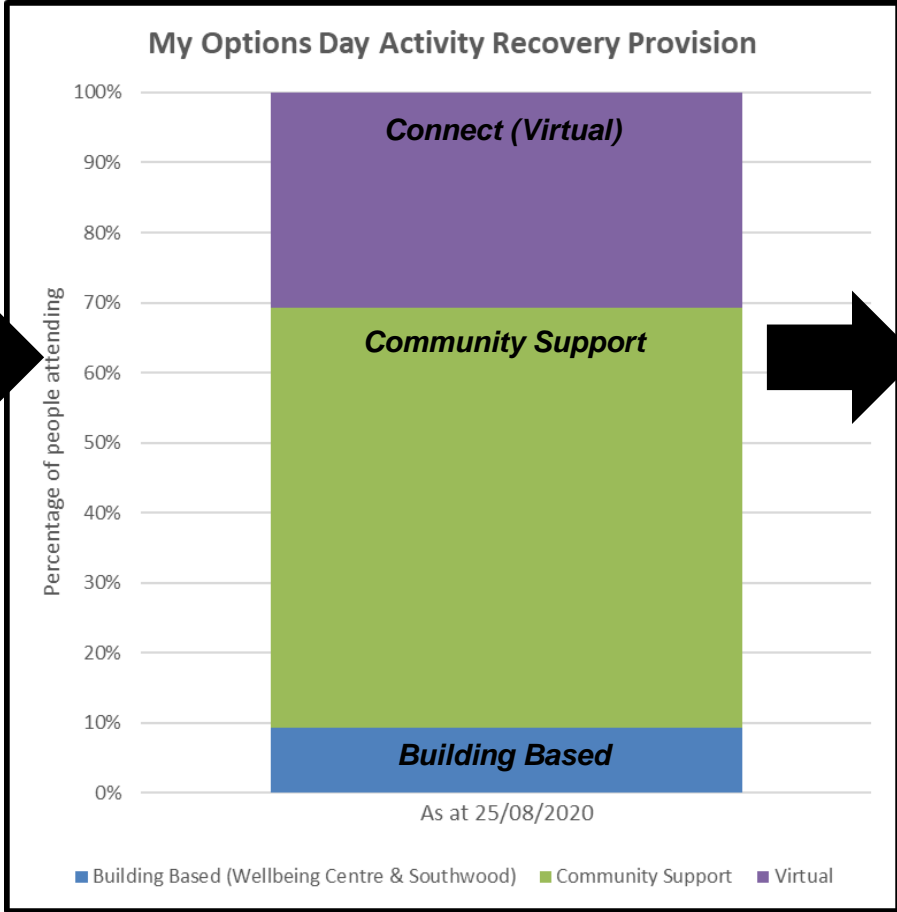


Recovery Phase (1)

Completed Care Act reviews with all people who attended Day Service Activities pre-Covid.

Of which:

- 56.5% have accessed the Day Activities Recovery Offer
- 37.5% have chosen not to return to Day Activities at this time – e.g. family/carer supporting them, accessing other activities
- 6% were self funders and those not resident in Telford and Wrekin.



- ❑ Community Support – 63% group support/ 33% individual (one to one, or two to one support)
 - ❑ 34% of people who are accessing Community Support are also accessing virtual services
- As at 25/08/2020

14
Individual/family feedback comments and formal enquiries
As at 25/08/2020

Recovery Phase (2)

Now

Completed Care Act reviews with all people who attended Day Service Activities pre-Covid.

Of which:

- 56.5% have accessed the Day Activities Recovery Offer
- 37.5% have chosen not to return to Day Activities at this time – e.g. family/carer supporting them, accessing other activities
- 6% were self funders and/or external clients who did not require a Care Act Review.

Ongoing review of My Options services in light of Government Covid-19 Guidance

Individual's Next Steps

- Ongoing discussions/ feedback with the person and their families.
- Reviews for people during Sept/Oct/November to review situation and check how the support plan arrangements meet the person's Care Act identified needs and outcomes.

Outcomes

This could result in a variety of scenarios including:

- Support plans remaining the same; or
- Change in support plan:
 - Different Day Activities
 - More/Less Day Activities
 - No Day Activities

Ongoing engagement with individuals, family/carers and staff

Feedback so far...

People and their family carers



"You are tackling things I never even thought about – it's spot on!"

"The sessions have been delivered with fun, which helps to keep C's attention. The ideas each week have been well thought out and link with the things C is learning in the home environment."

"I could tell A got a lot out of her first session"

"10/10 for delivery"

"Recipes are really easy to follow and at a reasonable cost."

"B hates shopping, however now he shops for himself to take part in the cooking, he seems to want to go on a Monday to get his ingredients. Which is great!"

"It would be better to provide videos instead of doing virtual sessions"

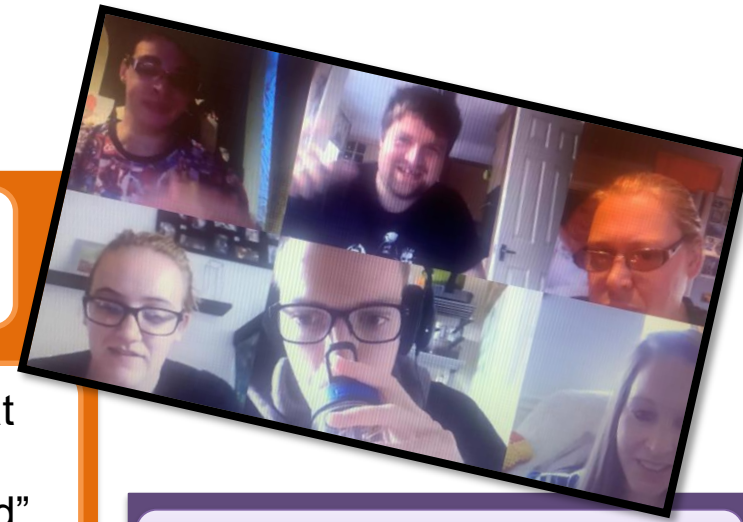
"Impossible to support 2 customers at once and that this should have been discussed before the sessions started"

"Risk assessments in the homes before sessions start"

"Develop a list of useful utensils for customer to purchase prior to programme starting"

"The sessions were organised too quickly and more time should have been spent on the organisation and preparation"

What could be better?



What would you like to see in the future?

"Budgeting"

"Learning about insects"

"Develop recipe cards to ensure that we offer alternatives and options with ingredients"

Next Steps (Phase 4)

- Continue to listen to and gather feedback from people accessing the services, parents/carers, and staff about what is working and would be improved.
- Development of a Quality Assurance framework for recovery offer
- Refining the offer based on feedback and quality assurance work
- Workforce development/training to support staff to provide the new services (commissioned through ODD)
- Development of a Carers Advisory Group
- Further development of pathways out of My Options Day Activities Provision - connecting people to their next steps in life
- Extending the Stepping into Work Programme and build on Learning from AutonoMe Project (employability skills)
- Re-launch the LD Strategy Pre-Consultation Engagement on 30th September 2020



Some of the people we have supported with kit to access the digital offer

- We want adults with learning disabilities to:**
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 -  Be respected and have choice and control over decisions which affect all aspects of their lives, with responsive advice and support where necessary.
 -  Live their lives as active participants within their local communities maintaining social and family relationships and networks which are important to them, including employment opportunities.
 -  Have access to general and specialist services that are responsive to their individual needs, circumstances and preferences.